



**Can you answer
these important
health questions?**

- 1) What is your Body Mass Index (BMI)?
- 2) What is your cholesterol?
- 3) Does your family history put you at high risk for cancer, diabetes, or heart disease?
- 4) When was your last mammogram?
- 5) Do you have access to your medical records?
- 6) How often should you get a Pap test and pelvic exam?

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during the National
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